ZINGER BASEBALL PERFORMANCE CENTER - 2024 Fall Program

August 19th - December 19th

4 Months / 18 Weeks

Full Program Cost (16 Weeks + 2 Weeks Free):

		Workouts	Hitting	Per HR	
Lifting & Hitting	\$1,700	4 Days	2 Days	\$16	Workouts 4 Days Per Week / Hitting 2 Days per Week
Lifting & Hitting	\$2,200	4 Days	4 Days	\$15	Workouts 4 Days Per Week / Hitting 4 Days per Week
Lifting & Pitching	\$1,700	4 Days	N/A	\$16	Unlimited throwing sessions w/ Marc Rzepczynski
Lifting Only	\$1,200	4 Days	N/A	\$17	Workouts 4 Days Per Week
Hitting Only (2 Days)	\$750	N/A	2 Days	\$21	Hitting 2 Days Per Week
Hitting Only (4 Days)	\$1,250	N/A	4 Days	\$17	Hitting 4 Days Per Week

²⁻Way Player

Half Program Cost (8 Weeks + 1 Week Free):

Norkouts Hitting	Norkouts	Hitting
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Lifting & Hitting	\$1,000	4 Days	2 Days	\$19	Workouts 4 Days Per Week / Hitting 2 Days per Week
Lifting & Hitting	\$1,200	4 Days	4 Days	\$17	Workouts 4 Days Per Week / Hitting 4 Days per Week
Lifting & Pitching	\$1,000	4 Days	N/A	\$19	Unlimited throwing sessions w/ Marc Rzepczynski
Lifting Only	\$700	4 Days	N/A	\$19	Workouts 4 Days Per Week
Hitting Only (2 Days)	\$450	N/A	2 Days	\$25	Hitting 2 Days Per Week
Hitting Only (4 Days)	\$750	N/A	4 Days	\$21	Hitting 4 Days Per Week

²⁻Way Player

4 Week Program Cost:

Workouts Hitting

Lifting & Hitting	\$550	4 Days	2 Days	\$23	Workouts 4 Days Per Week / Hitting 2 Days per Week
Lifting & Hitting	\$650	4 Days	4 Days	\$20	Workouts 4 Days Per Week / Hitting 4 Days per Week
Lifting Only	\$350	4 Days	N/A	\$18	Workouts 4 Days Per Week
Hitting Only (2 Days)	\$250	N/A	2 Days	\$31	Hitting 2 Days Per Week
Hitting Only (4 Days)	\$400	N/A	4 Days	\$25	Hitting 4 Days Per Week

²⁻Way Player

^{**}Add \$400 to your package for unlimited pitching work as well**

^{**}Add \$200 to your package for unlimited pitching work as well**

^{**}Add \$150 to your package for unlimited pitching work as well**

ZINGER BASEBALL PERFORMANCE CENTER - 2024 Fall Program

August 19th - December 19th

Weekly / Daily Program Cost:

Lifting & Hitting
Lifting Only
Hitting Only (4 Days)
Pitching Only

Workouts	Hitting	WEEKLY	DAILY
4 Days	4 Days	\$200	\$60
4 Days	N/A	\$150	\$50
N/A	4 Days	\$150	\$50

^{**}Individual Lessons \$75 for 30 Minutes**